



# Wellness & Lifestyles Australia

## CONTINUOUS PROFESSIONAL DEVELOPMENT PORTFOLIO





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## Continuing Professional Development (CPD)

Allied health therapists are now required to accrue a minimum of 20 Continuing Professional Development hours per year. This is calculated as 5 hours of CPD every 3 months. The Board will conduct an annual audit of compliance with the standard.

The onus will be on members to show how they have met these criteria and when you renew your registration, you will be expected to make a declaration that you have met the standard and completed the required CPD. If you are unable to make a declaration that you have met the CPD standard, the Board may refuse to renew your registration, or may grant renewal of registration subject to conditions.

Members can choose from three different schemes which reflect the different ways in which professional development is accessed. These categories are:

- Self Directed Learning,
- Institution Based Learning and
- Special Group or Workplace Learning.

Although this system is monitored on a points basis, the focus remains on learning outcomes and ensuring these meet the needs of the individual.

## W&L's Plan

Wellness & Lifestyles Australia (W&L), and its management team, have a strong appreciation of the need to continually upgrade their professional knowledge and skills to ensure that the contribution they make to the health care of patients is of the highest standard.

W&L expects its therapists to maintain standards of excellence in all aspects of allied health practice and to participate in professional development activities to continuously enhance their knowledge and skills. W&L will endeavour to help its therapists to achieve these requirements and will also provide the required evidence in the form of printed certificates, receipts etc.

## W&L's Online Educational Library

Wellness & Lifestyles Australia has just launched a new company, W&L Education ([www.wleducation.com.au](http://www.wleducation.com.au)).

This website portal is a collection of online information products and educational training tools consisting of e-books, audio/video presentations, e-learning modules, posters, hot tips newsletters and articles. Membership to this is currently offered to aged care and health care facilities for \$250 per month.

W&L would now like to offer a membership packages to its therapists for as little as \$8.60 per week!

## W&L's Continuous Professional Development (CPD) Proposal

Therapists are now required to maintain a portfolio that documents CPD undertaken and be able to demonstrate if audited, that they have complied with the standard. With W&L Education, a portfolio could include:

- Completing a number of online e-learning modules
- Development of an online e-learning module to be included in the W&L Education library
- Watching a number of audio/video presentations
- Recording an audio/video presentation to be included in the W&L Education library
- Reading a W&L Education e-book
- Compiling your own e-book to be added to the W&L Education library
- Reading or writing a number of articles or hot tips newsletters
- Development of an educational poster for the W&L Education library

## **How to gain unlimited access to the W&L Education website for all your CPD needs**

There are 3 different ways you can access the W&L education website. Choose either of the below options:

1. Contact W&L head office to organise a direct debit for \$10 per week off your own invoice, or pay \$450 upfront for the full year (this is a saving of \$70 per annum and equates to \$8.60 per week).
2. Get just 1 of your facilities to sign up to become a corporate member and receive instant access to the W&L Education website for the life of their membership. Contact head office for a temporary user name and password to be able to show facilities the website.
3. Develop 4 educational information products for the W&L website (1 per quarter) and not only are you able to claim for the hours you spent developing this training for your CPD, you will have full access to the W&L Education website to complete other training to make up your 20 hours. Contact head office to discuss potential topics for information products.

NOTE: All W&L Managers and Team Leaders have full access to the website at all times.

